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2 great locations – Collegeville and Pottstown – 1 great Art! *Expect, Experience, Excel – Martial Arts Make a Difference!*
“A pebble cast into a pond creates ripple. Aikido is the pebble, we are the ripples.”



The Official Publication of the Asahi Schools of Aikido



Welcome to Asahi!

ASA wishes Everyone a Happy & Joyous New Year!

ASA welcomes Greg Elliott!

Aikido Now celebrates 11 years!

Asahi News

ASA New Year Opening Ceremony

Happy New Year! ASA focus of 2012 is “tomo” – together.

The power of one is multiplied ten-fold when joined by another.

2012 New Year Opening Ceremony will be Monday, Jan. 2nd at 7pm.

Join us to welcome in the New Year!

Aikido United International

ASA has become a member of the Aikido

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Asahi Events

January 2012
Happy New Year!

- January 2, 2012 Monday ASA New Year Opening Ceremony 7pm
- January 7, 2012 Saturday Basic Restraint Workshop 1pm
- January 8, 2012 Sunday Women's Defense Workshop 10am
- January 15, 2012 Sunday CPR Certification 11am

- February 2012
Kyu Testing TBA
- February 4, 2012 Saturday AUI Instructor Workshop 12 noon

United International. The AUI is a non-profit organization with a mission to build community by promoting Aikido.

All ASA members will be required to join as part of their dojo affiliation. AUI Memberships can be done online at www.aikidounited.org or by picking up an application at the Dojo and attaching a check.

Women's Defense Workshops

As a driving force in the continued education and development of the public safety and civilian sectors, **Asahi** offers **Basic and Advanced Personal Defense Workshops for Women** exclusively through the **Essential Defense System (E.D.S.)** with **Aloia Sensei** – Check out a full E.D.S. schedule at www.essentialdefensesystem.com.

The next scheduled Defense Workshop is **Sunday, January 8, 2012, 10pm, ASA Asahikan Dojo, Collegeville, PA. Cost \$50.00.** Register online at www.medical-intel.org.

Basic & Advanced Restraint Workshop

ASA will be hosting a **Basic Restraint Workshop** on **Saturday, Jan. 7, 2012, 1pm** and an **Advanced Restraint Workshop** on **Sat. Feb. 25th** at 1pm - both at the **Collegeville Dojo**. Register online at www.medical-intel.org.

CPR Certification

ASA will be hosting a CPR Certification class on **Sunday, Jan. 15th** at 11am at our **Pottstown dojo**. Register online at www.medical-intel.org

February 11, 2012 Saturday Kangeiko - Winter Training 8am
February 25, 2012 Saturday Advanced Restraint Workshop 1pm

See all events at www.asahidojo.com

Connect Us to a Friend

Know someone who might be interested in Asahi or Aikido?

Why not forward this email to them. Make a difference one person at a time.

Contact Us

newsletter@asahidojo.com – email
www.asahidojo.com
www.aikidonowkids.com
www.aikidounited.org
www.essentialdefensesystem.com
www.solangel.com
www.iamfitnow.com
www.rescuermindset.com

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A full line of Asahi books and DVDs are available at our [online store!](#)

Featured in TKD Times, on Amazon and Barnes & Noble



Annual Meetings with Sensei

Sensei will be conducting annual student reviews for those interested in discussing their training and progression for the New Year. Review meetings can be done via email discussion. If you desire a meeting with Sensei, please contact him with several topics you wish to discuss. This is an opportunity to set goals and fine tune your training objectives.

EMS Pro Magazine Articles
Check out more articles written by ASA instructors in back, current and upcoming issues of EMS Pro Magazine!

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Together We Are One by Michael Aloia ASA Dojo Cho

Happy New Year!
I hope your Holiday Season was magical and fulfilling.

With the New Year now upon us we look to new goals, new challenges and new endeavors. This year the focus at ASA is “tomo” – the Japanese word for “together”. Commonly and ironically, the tomo character is used alongside other characters to denote the togetherness concept – indicating that there is strength in numbers and that we are not alone. Whatever it is we have achieved, we have not done so completely on our own. At one point or another, others have been involved. And their involvement, great or small, affected the outcome.

Working together can only bring great things. “May the highest in you bring out the highest in me” proclaims the power of togetherness – signifying that nothing is impossible if harmony is achieved and maintained. All benefit in this mutual endeavor. There is power in numbers.

This year look to find, share and



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HAPPY NEW YEAR 2012!

experience what it means to be
“together”. Discover that with another the
impossible can be possible.

May your New Year find togetherness!

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***“Together we learn, together
we grow,
together we will find a way”***

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